WORLD HANDICAP SYSTEM

R&A USGA

COURSE HANDICAP CHARTS

Norwegian Golf Federation

Polarsirkelen GK - Polarsirkelen GK (Gyldig t.o.m. 2033)

Norges Golfforbund

Men's - Gul-Gul

Course Rating™: 68.8
Slope Rating®: 135 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+9	24.1 to 24.8	26
+4.4 to +3.6	+8	24.9 to 25.6	27
+3.5 to +2.8	+7	25.7 to 26.5	28
+2.7 to +2.0	+6	26.6 to 27.3	29
+1.9 to +1.1	+5	27.4 to 28.2	30
+1.0 to +0.3	+4	28.3 to 29.0	31
+0.2 to 0.5	+3	29.1 to 29.8	32
0.6 to 1.4	+2	29.9 to 30.7	33
1.5 to 2.2	+1	30.8 to 31.5	34
2.3 to 3.0	0	31.6 to 32.3	35
3.1 to 3.9	1	32.4 to 33.2	36
4.0 to 4.7	2	33.3 to 34.0	37
4.8 to 5.6	3	34.1 to 34.9	38
5.7 to 6.4	4	35.0 to 35.7	39
6.5 to 7.2	5	35.8 to 36.5	40
7.3 to 8.1	6	36.6 to 37.4	41
8.2 to 8.9	7	37.5 to 38.2	42
9.0 to 9.7	8	38.3 to 39.0	43
9.8 to 10.6	9	39.1 to 39.9	44
10.7 to 11.4	10	40.0 to 40.7	45
11.5 to 12.3	11	40.8 to 41.6	46
12.4 to 13.1	12	41.7 to 42.4	47
13.2 to 13.9	13	42.5 to 43.2	48
14.0 to 14.8	14	43.3 to 44.1	49
14.9 to 15.6	15	44.2 to 44.9	50
15.7 to 16.4	16	45.0 to 45.7	51
16.5 to 17.3	17	45.8 to 46.6	52
17.4 to 18.1	18	46.7 to 47.4	53
18.2 to 19.0	19	47.5 to 48.2	54
19.1 to 19.8	20	48.3 to 49.1	55
19.9 to 20.6	21	49.2 to 49.9	56
20.7 to 21.5	22	50.0 to 50.8	57
21.6 to 22.3	23	50.9 to 51.6	58
22.4 to 23.1	24	51.7 to 52.4	59
23.2 to 24.0	25	52.5 to 53.3	60
		53.4 to 54.0	61

Men's - Gul-Rød

Course Rating™: 66.8
Slope Rating®: 129 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+11	24.3 to 25.1	23
+4.6 to +3.8	+10	25.2 to 26.0	24
+3.7 to +2.9	+9	26.1 to 26.8	25
+2.8 to +2.1	+8	26.9 to 27.7	26
+2.0 to +1.2	+7	27.8 to 28.6	27
+1.1 to +0.3	+6	28.7 to 29.5	28
+0.2 to 0.6	+5	29.6 to 30.3	29
0.7 to 1.4	+4	30.4 to 31.2	30
1.5 to 2.3	+3	31.3 to 32.1	31
2.4 to 3.2	+2	32.2 to 33.0	32
3.3 to 4.1	+1	33.1 to 33.8	33
4.2 to 4.9	0	33.9 to 34.7	34
5.0 to 5.8	1	34.8 to 35.6	35
5.9 to 6.7	2	35.7 to 36.5	36
6.8 to 7.6	3	36.6 to 37.4	37
7.7 to 8.4	4	37.5 to 38.2	38
8.5 to 9.3	5	38.3 to 39.1	39
9.4 to 10.2	6	39.2 to 40.0	40
10.3 to 11.1	7	40.1 to 40.9	41
11.2 to 12.0	8	41.0 to 41.7	42
12.1 to 12.8	9	41.8 to 42.6	43
12.9 to 13.7	10	42.7 to 43.5	44
13.8 to 14.6	11	43.6 to 44.4	45
14.7 to 15.5	12	44.5 to 45.2	46
15.6 to 16.3	13	45.3 to 46.1	47
16.4 to 17.2	14	46.2 to 47.0	48
17.3 to 18.1	15	47.1 to 47.9	49
18.2 to 19.0	16	48.0 to 48.7	50
19.1 to 19.8	17	48.8 to 49.6	51
19.9 to 20.7	18	49.7 to 50.5	52
20.8 to 21.6	19	50.6 to 51.4	53
21.7 to 22.5	20	51.5 to 52.2	54
22.6 to 23.3	21	52.3 to 53.1	55
23.4 to 24.2	22	53.2 to 54.0	56

Men's - Rød-Rød

Course Rating™: 64.8
Slope Rating®: 123 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+13	24.6 to 25.4	20
+4.8 to +4.0	+12	25.5 to 26.3	21
+3.9 to +3.1	+11	26.4 to 27.2	22
+3.0 to +2.2	+10	27.3 to 28.2	23
+2.1 to +1.2	+9	28.3 to 29.1	24
+1.1 to +0.3	+8	29.2 to 30.0	25
+0.2 to 0.6	+7	30.1 to 30.9	26
0.7 to 1.5	+6	31.0 to 31.8	27
1.6 to 2.4	+5	31.9 to 32.7	28
2.5 to 3.3	+4	32.8 to 33.7	29
3.4 to 4.3	+3	33.8 to 34.6	30
4.4 to 5.2	+2	34.7 to 35.5	31
5.3 to 6.1	+1	35.6 to 36.4	32
6.2 to 7.0	0	36.5 to 37.3	33
7.1 to 7.9	1	37.4 to 38.3	34
8.0 to 8.9	2	38.4 to 39.2	35
9.0 to 9.8	3	39.3 to 40.1	36
9.9 to 10.7	4	40.2 to 41.0	37
10.8 to 11.6	5	41.1 to 41.9	38
11.7 to 12.5	6	42.0 to 42.9	39
12.6 to 13.5	7	43.0 to 43.8	40
13.6 to 14.4	8	43.9 to 44.7	41
14.5 to 15.3	9	44.8 to 45.6	42
15.4 to 16.2	10	45.7 to 46.5	43
16.3 to 17.1	11	46.6 to 47.4	44
17.2 to 18.0	12	47.5 to 48.4	45
18.1 to 19.0	13	48.5 to 49.3	46
19.1 to 19.9	14	49.4 to 50.2	47
20.0 to 20.8	15	50.3 to 51.1	48
20.9 to 21.7	16	51.2 to 52.0	49
21.8 to 22.6	17	52.1 to 53.0	50
22.7 to 23.6	18	53.1 to 53.9	51
23.7 to 24.5	19	54.0 to 54.0	52

Men's - Rød-Blå

Course Rating™: 63.1
Slope Rating®: 119 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+14	24.2 to 25.0	17
+4.3 to +3.5	+13	25.1 to 26.0	18
+3.4 to +2.5	+12	26.1 to 26.9	19
+2.4 to +1.6	+11	27.0 to 27.9	20
+1.5 to +0.6	+10	28.0 to 28.8	21
+0.5 to 0.3	+9	28.9 to 29.8	22
0.4 to 1.3	+8	29.9 to 30.7	23
1.4 to 2.2	+7	30.8 to 31.7	24
2.3 to 3.2	+6	31.8 to 32.6	25
3.3 to 4.1	+5	32.7 to 33.6	26
4.2 to 5.1	+4	33.7 to 34.5	27
5.2 to 6.0	+3	34.6 to 35.5	28
6.1 to 7.0	+2	35.6 to 36.4	29
7.1 to 7.9	+1	36.5 to 37.4	30
8.0 to 8.9	0	37.5 to 38.3	31
9.0 to 9.8	1	38.4 to 39.3	32
9.9 to 10.8	2	39.4 to 40.2	33
10.9 to 11.7	3	40.3 to 41.2	34
11.8 to 12.7	4	41.3 to 42.1	35
12.8 to 13.6	5	42.2 to 43.1	36
13.7 to 14.6	6	43.2 to 44.0	37
14.7 to 15.5	7	44.1 to 45.0	38
15.6 to 16.5	8	45.1 to 45.9	39
16.6 to 17.4	9	46.0 to 46.9	40
17.5 to 18.4	10	47.0 to 47.8	41
18.5 to 19.3	11	47.9 to 48.8	42
19.4 to 20.3	12	48.9 to 49.7	43
20.4 to 21.2	13	49.8 to 50.7	44
21.3 to 22.2	14	50.8 to 51.6	45
22.3 to 23.1	15	51.7 to 52.6	46
23.2 to 24.1	16	52.7 to 53.5	47
		53.6 to 54.0	48

WORLD HANDICAP SYSTEM

R&A USGA

COURSE HANDICAP CHARTS

Norwegian Golf Federation

Polarsirkelen GK - Polarsirkelen GK (Gyldig t.o.m. 2033)

Norges Golfforbund

Men's - Blå-Blå

Course Rating™: 61.4
Slope Rating®: 115 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+16	23.7 to 24.6	14
+4.8 to +3.9	+15	24.7 to 25.6	15
+3.8 to +2.9	+14	25.7 to 26.6	16
+2.8 to +1.9	+13	26.7 to 27.6	17
+1.8 to +0.9	+12	27.7 to 28.5	18
+0.8 to 0.0	+11	28.6 to 29.5	19
0.1 to 1.0	+10	29.6 to 30.5	20
1.1 to 2.0	+9	30.6 to 31.5	21
2.1 to 3.0	+8	31.6 to 32.5	22
3.1 to 4.0	+7	32.6 to 33.5	23
4.1 to 5.0	+6	33.6 to 34.4	24
5.1 to 5.9	+5	34.5 to 35.4	25
6.0 to 6.9	+4	35.5 to 36.4	26
7.0 to 7.9	+3	36.5 to 37.4	27
8.0 to 8.9	+2	37.5 to 38.4	28
9.0 to 9.9	+1	38.5 to 39.4	29
10.0 to 10.9	0	39.5 to 40.3	30
11.0 to 11.8	1	40.4 to 41.3	31
11.9 to 12.8	2	41.4 to 42.3	32
12.9 to 13.8	3	42.4 to 43.3	33
13.9 to 14.8	4	43.4 to 44.3	34
14.9 to 15.8	5	44.4 to 45.2	35
15.9 to 16.8	6	45.3 to 46.2	36
16.9 to 17.7	7	46.3 to 47.2	37
17.8 to 18.7	8	47.3 to 48.2	38
18.8 to 19.7	9	48.3 to 49.2	39
19.8 to 20.7	10	49.3 to 50.2	40
20.8 to 21.7	11	50.3 to 51.1	41
21.8 to 22.6	12	51.2 to 52.1	42
22.7 to 23.6	13	52.2 to 53.1	43
		53.2 to 54.0	44

WORLD HANDICAP SYSTEM

R&A USGA

COURSE HANDICAP CHARTS

Norwegian Golf Federation

Polarsirkelen GK - Polarsirkelen GK (Gyldig t.o.m. 2033)

Norges Golfforbund

Women's - Gul-Gul

Course Rating™: 74.4
Slope Rating®: 140 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+4	24.3 to 25.1	33
+4.7 to +4.0	+3	25.2 to 25.9	34
+3.9 to +3.2	+2	26.0 to 26.7	35
+3.1 to +2.4	+1	26.8 to 27.5	36
+2.3 to +1.6	0	27.6 to 28.3	37
+1.5 to +0.8	1	28.4 to 29.1	38
+0.7 to 0.0	2	29.2 to 29.9	39
0.1 to 0.8	3	30.0 to 30.7	40
0.9 to 1.6	4	30.8 to 31.5	41
1.7 to 2.5	5	31.6 to 32.3	42
2.6 to 3.3	6	32.4 to 33.1	43
3.4 to 4.1	7	33.2 to 33.9	44
4.2 to 4.9	8	34.0 to 34.7	45
5.0 to 5.7	9	34.8 to 35.5	46
5.8 to 6.5	10	35.6 to 36.4	47
6.6 to 7.3	11	36.5 to 37.2	48
7.4 to 8.1	12	37.3 to 38.0	49
8.2 to 8.9	13	38.1 to 38.8	50
9.0 to 9.7	14	38.9 to 39.6	51
9.8 to 10.5	15	39.7 to 40.4	52
10.6 to 11.3	16	40.5 to 41.2	53
11.4 to 12.1	17	41.3 to 42.0	54
12.2 to 12.9	18	42.1 to 42.8	55
13.0 to 13.8	19	42.9 to 43.6	56
13.9 to 14.6	20	43.7 to 44.4	57
14.7 to 15.4	21	44.5 to 45.2	58
15.5 to 16.2	22	45.3 to 46.0	59
16.3 to 17.0	23	46.1 to 46.8	60
17.1 to 17.8	24	46.9 to 47.7	61
17.9 to 18.6	25	47.8 to 48.5	62
18.7 to 19.4	26	48.6 to 49.3	63
19.5 to 20.2	27	49.4 to 50.1	64
20.3 to 21.0	28	50.2 to 50.9	65
21.1 to 21.8	29	51.0 to 51.7	66
21.9 to 22.6	30	51.8 to 52.5	67
22.7 to 23.4	31	52.6 to 53.3	68
23.5 to 24.2	32	53.4 to 54.0	69

Women's - Gul-Rød

Course Rating™: 71.7
Slope Rating®: 135 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+6	24.2 to 24.9	29
+4.3 to +3.6	+5	25.0 to 25.7	30
+3.5 to +2.7	+4	25.8 to 26.6	31
+2.6 to +1.9	+3	26.7 to 27.4	32
+1.8 to +1.1	+2	27.5 to 28.2	33
+1.0 to +0.2	+1	28.3 to 29.1	34
+0.1 to 0.6	0	29.2 to 29.9	35
0.7 to 1.5	1	30.0 to 30.8	36
1.6 to 2.3	2	30.9 to 31.6	37
2.4 to 3.1	3	31.7 to 32.4	38
3.2 to 4.0	4	32.5 to 33.3	39
4.1 to 4.8	5	33.4 to 34.1	40
4.9 to 5.6	6	34.2 to 34.9	41
5.7 to 6.5	7	35.0 to 35.8	42
6.6 to 7.3	8	35.9 to 36.6	43
7.4 to 8.2	9	36.7 to 37.4	44
8.3 to 9.0	10	37.5 to 38.3	45
9.1 to 9.8	11	38.4 to 39.1	46
9.9 to 10.7	12	39.2 to 40.0	47
10.8 to 11.5	13	40.1 to 40.8	48
11.6 to 12.3	14	40.9 to 41.6	49
12.4 to 13.2	15	41.7 to 42.5	50
13.3 to 14.0	16	42.6 to 43.3	51
14.1 to 14.8	17	43.4 to 44.1	52
14.9 to 15.7	18	44.2 to 45.0	53
15.8 to 16.5	19	45.1 to 45.8	54
16.6 to 17.4	20	45.9 to 46.7	55
17.5 to 18.2	21	46.8 to 47.5	56
18.3 to 19.0	22	47.6 to 48.3	57
19.1 to 19.9	23	48.4 to 49.2	58
20.0 to 20.7	24	49.3 to 50.0	59
20.8 to 21.5	25	50.1 to 50.8	60
21.6 to 22.4	26	50.9 to 51.7	61
22.5 to 23.2	27	51.8 to 52.5	62
23.3 to 24.1	28	52.6 to 53.4	63
		53.5 to 54.0	64

Women's - Rød-Rød

Course Rating™: 69.0
Slope Rating®: 129 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+9	24.1 to 24.9	25
+4.8 to +4.0	+8	25.0 to 25.8	26
+3.9 to +3.1	+7	25.9 to 26.7	27
+3.0 to +2.2	+6	26.8 to 27.5	28
+2.1 to +1.4	+5	27.6 to 28.4	29
+1.3 to +0.5	+4	28.5 to 29.3	30
+0.4 to 0.4	+3	29.4 to 30.2	31
0.5 to 1.3	+2	30.3 to 31.0	32
1.4 to 2.1	+1	31.1 to 31.9	33
2.2 to 3.0	0	32.0 to 32.8	34
3.1 to 3.9	1	32.9 to 33.7	35
4.0 to 4.8	2	33.8 to 34.6	36
4.9 to 5.6	3	34.7 to 35.4	37
5.7 to 6.5	4	35.5 to 36.3	38
6.6 to 7.4	5	36.4 to 37.2	39
7.5 to 8.3	6	37.3 to 38.1	40
8.4 to 9.1	7	38.2 to 38.9	41
9.2 to 10.0	8	39.0 to 39.8	42
10.1 to 10.9	9	39.9 to 40.7	43
11.0 to 11.8	10	40.8 to 41.6	44
11.9 to 12.7	11	41.7 to 42.4	45
12.8 to 13.5	12	42.5 to 43.3	46
13.6 to 14.4	13	43.4 to 44.2	47
14.5 to 15.3	14	44.3 to 45.1	48
15.4 to 16.2	15	45.2 to 45.9	49
16.3 to 17.0	16	46.0 to 46.8	50
17.1 to 17.9	17	46.9 to 47.7	51
18.0 to 18.8	18	47.8 to 48.6	52
18.9 to 19.7	19	48.7 to 49.4	53
19.8 to 20.5	20	49.5 to 50.3	54
20.6 to 21.4	21	50.4 to 51.2	55
21.5 to 22.3	22	51.3 to 52.1	56
22.4 to 23.2	23	52.2 to 52.9	57
23.3 to 24.0	24	53.0 to 53.8	58
		53.9 to 54.0	59

Women's - Rød-Blå

Course Rating™: 66.4
Slope Rating®: 123 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.6	+11	24.0 to 24.8	21
+4.5 to +3.6	+10	24.9 to 25.8	22
+3.5 to +2.7	+9	25.9 to 26.7	23
+2.6 to +1.8	+8	26.8 to 27.6	24
+1.7 to +0.9	+7	27.7 to 28.5	25
+0.8 to 0.0	+6	28.6 to 29.4	26
0.1 to 1.0	+5	29.5 to 30.4	27
1.1 to 1.9	+4	30.5 to 31.3	28
2.0 to 2.8	+3	31.4 to 32.2	29
2.9 to 3.7	+2	32.3 to 33.1	30
3.8 to 4.6	+1	33.2 to 34.0	31
4.7 to 5.6	0	34.1 to 35.0	32
5.7 to 6.5	1	35.1 to 35.9	33
6.6 to 7.4	2	36.0 to 36.8	34
7.5 to 8.3	3	36.9 to 37.7	35
8.4 to 9.2	4	37.8 to 38.6	36
9.3 to 10.1	5	38.7 to 39.5	37
10.2 to 11.1	6	39.6 to 40.5	38
11.2 to 12.0	7	40.6 to 41.4	39
12.1 to 12.9	8	41.5 to 42.3	40
13.0 to 13.8	9	42.4 to 43.2	41
13.9 to 14.7	10	43.3 to 44.1	42
14.8 to 15.7	11	44.2 to 45.1	43
15.8 to 16.6	12	45.2 to 46.0	44
16.7 to 17.5	13	46.1 to 46.9	45
17.6 to 18.4	14	47.0 to 47.8	46
18.5 to 19.3	15	47.9 to 48.7	47
19.4 to 20.3	16	48.8 to 49.7	48
20.4 to 21.2	17	49.8 to 50.6	49
21.3 to 22.1	18	50.7 to 51.5	50
22.2 to 23.0	19	51.6 to 52.4	51
23.1 to 23.9	20	52.5 to 53.3	52
		53.4 to 54.0	53

WORLD HANDICAP SYSTEM

R&A USGA

COURSE HANDICAP CHARTS

Norwegian Golf Federation

Polarsirkelen GK - Polarsirkelen GK (Gyldig t.o.m. 2033)

Norges Golfforbund

Women's - Blå-Blå

Course Rating™: 63.8
Slope Rating®: 116 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.2	+13	24.1 to 25.0	17
+4.1 to +3.3	+12	25.1 to 26.0	18
+3.2 to +2.3	+11	26.1 to 26.9	19
+2.2 to +1.3	+10	27.0 to 27.9	20
+1.2 to +0.3	+9	28.0 to 28.9	21
+0.2 to 0.6	+8	29.0 to 29.9	22
0.7 to 1.6	+7	30.0 to 30.8	23
1.7 to 2.6	+6	30.9 to 31.8	24
2.7 to 3.6	+5	31.9 to 32.8	25
3.7 to 4.5	+4	32.9 to 33.8	26
4.6 to 5.5	+3	33.9 to 34.7	27
5.6 to 6.5	+2	34.8 to 35.7	28
6.6 to 7.5	+1	35.8 to 36.7	29
7.6 to 8.4	0	36.8 to 37.6	30
8.5 to 9.4	1	37.7 to 38.6	31
9.5 to 10.4	2	38.7 to 39.6	32
10.5 to 11.3	3	39.7 to 40.6	33
11.4 to 12.3	4	40.7 to 41.5	34
12.4 to 13.3	5	41.6 to 42.5	35
13.4 to 14.3	6	42.6 to 43.5	36
14.4 to 15.2	7	43.6 to 44.5	37
15.3 to 16.2	8	44.6 to 45.4	38
16.3 to 17.2	9	45.5 to 46.4	39
17.3 to 18.2	10	46.5 to 47.4	40
18.3 to 19.1	11	47.5 to 48.4	41
19.2 to 20.1	12	48.5 to 49.3	42
20.2 to 21.1	13	49.4 to 50.3	43
21.2 to 22.1	14	50.4 to 51.3	44
22.2 to 23.0	15	51.4 to 52.3	45
23.1 to 24.0	16	52.4 to 53.2	46
		53.3 to 54.0	47